

GENERAL PRACTITIONERS SUPPORT AND ADVISORY GROUP (GPSAG)

Providing direct access to 1:1 GP mentoring for GPs in Lothian.

Expert GP advice also available from the wider GPSAG team.

Do you feel that you would benefit from mentoring in your work as a GP?
Would you welcome support relating to a complaint either now or in the past?
Are you having dilemmas about continuing a career in General Practice?
Are there difficulties with your health that is impacting how you feel about General Practice?



MAKING CONTACT

FIRST CONTACT LEAD Dr Jenny English
You can contact Jenny directly by email on Jenny.English@nhslothian.scot.nhs.uk
OR by calling the LMC office on 0131 668 3866.
It might be helpful to complete the GPSAG first contact enquiry form when you communicate with Jenny. This particularly applies to those seeking direct access to mentoring.

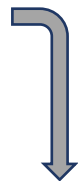
GPSAG also exists for colleagues who may have concerns about a GP and want to link them in with the support and advice provided by GPSAG. If you are;

- A GP employer/OOH manager
- A Practice Manager
- An Appraiser
- A Manager for HSCP
- Practitioner Health
- Occupational Health doctor
- Responsible Medical officer

You are welcome to make contact yourself or recommend the GP you are concerned about makes contact directly.



Consideration is given to who is making recommendation that support is provided and the context of this recommendation.
In some situations where there is a probity or serious health concern, the best support is provided by there being reference to the wider GPSAG team for advice.



DIRECT ACCESS TO MENTORING PATHWAY

GPSAG SUPPORT PATHWAY

Following Dr Jenny English receiving some initial information from you, templates of the mentors available will be sent to you. This means you have some choice about who provides mentoring for you and contact details will be provided, once you have chosen your mentor.
2 sessions of 1:1 mentoring are available.

It may be that in discussion with your mentor it is felt that you would benefit from the wider GPSAG team assisting in your support.



The GPSAG team are committed to confidentiality. We consider any additional resources or liaison that may benefit you. We meet 8 weekly.

Dr Sam Abushal, Dr Jeremy Chowings, Dr Rosemary Dixon, Dr Mimi Cogliano, Dr Jenny English, Dr Funbi Ogundipe. Mentors - Dr Michelle Downer, Dr Murray Roddin, Dr Kim Rollinson, Dr Rachel Wood (Chair)

6 sessions of 1:1 mentoring or peer support contact are available. The GPSAG team can authorise longer if required.

POTENTIAL OUTCOMES

- The GP is supported through a time of difficulty and feels able to continue working as a GP in the same or revised role.
- The GP is facilitated to source longer term support e.g. coaching, specialist health services, survive and thrive groups.
- For a small number of GPs, it may be necessary, or the GP's preferred option is, to leave Primary Care working.

